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10 Steps For Sustaining Correct Actions Toward A Goal:

1. Never give up;
2. The worst possible outcome has already happened
(You haven't been sustaining correct actions and you haven't reached your goal);
3. Get out of and stay out of what is familiar, safe and not working for you;
4. When you are ready to quit, you are closer than you think to succeeding at what you want;
5. Only focus on *what you want to have happen*, specifically, literally and all the time;
6. Always be moving forward, one step at a time;
7. Anything that is not paid correct attention to will deteriorate;
8. Solve your own problems, one problem at a time;
9. Measure everything of significance to determine its priority;
10. Be quick to decide to act when the "feeling" is right
(Trust your creative-intuitive intelligence).